



WINCHESTER PEDAL PADDLE PACE

Not for
profit
event

RACE INFO PACK 2026



Sponsored by

hydrogen



COLLEGE CHAMBERS
Barristers – Mediators – Arbitrators



Places
for People

WELCOME

Hello,

Thank you for signing up to be part of Winchester Pedal Paddle Pace 2026! I'm Charlie Sell, this year's PPP Chairman. I've been involved with the event for the last three years as part of Round Table and had the amazing experience of taking part in 2023. I can't wait to see you all on race day, Sunday 12 July.

The amazing team of PPP volunteers have been working hard behind the scenes to make sure everything is ready for the day. Whether that's getting your race number and timer chips organised, having signage and marshals in place or setting up the race village on Palmer's Field. Thank you to everyone who has given up their time to make this amazing community event happen.

PPP has been going for more than 20 years and it's a fantastic, unique event that also helps raise funds for local good causes. Well done for challenging yourself and, at the same time, helping others.

Here's to a brilliant 2026 event.

Charlie Sell (PPP Chairman 2026)



winchesterppp.co.uk

PALMER'S FIELD

Palmer's Field is the key Pedal Paddle Pace location.

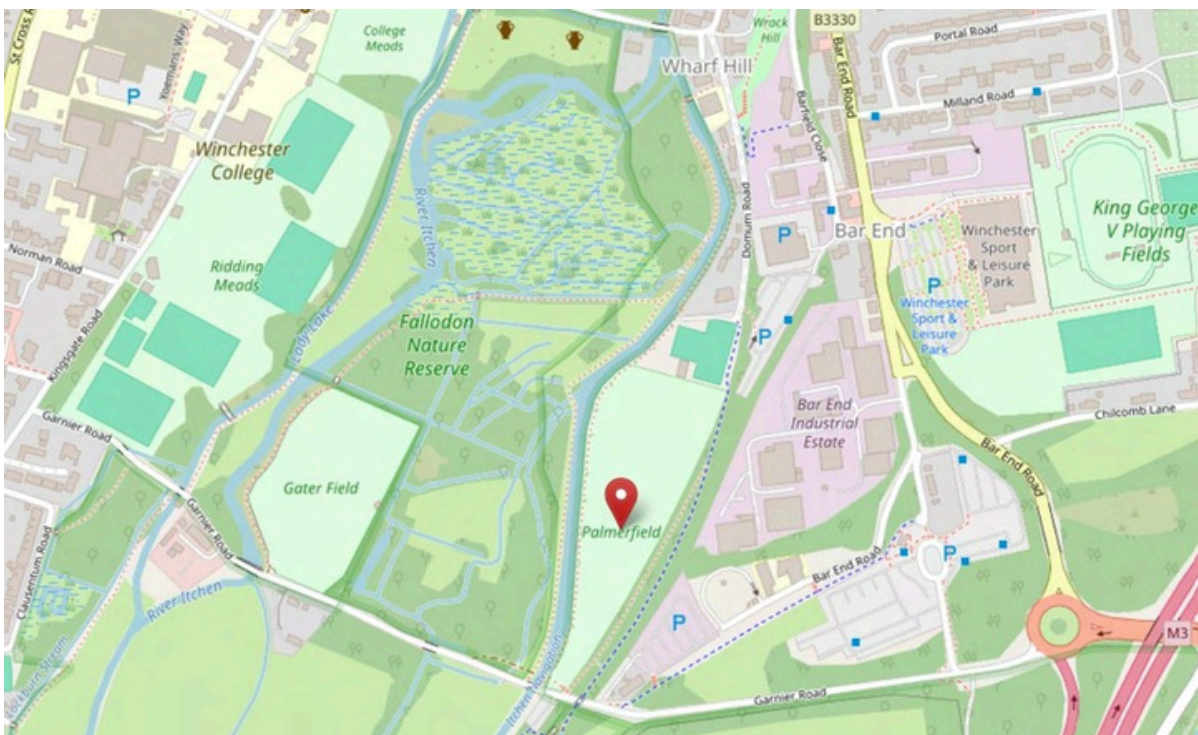
You will register at Palmer's Field, start the running and kayak stages and cross the finish line here.

Our race village is at Palmer's Field.

Find on Google Maps using Kingsgate Lawn Tennis Club.

Find on What3Words using ///enhanced.flames.reference

Postcode: SO23 9NN



winchesterppp.co.uk

RACE DAY SCHEDULE

Sunday 12 July 2026

7:30–9:00am

Registration at Palmer's Field. This is when you collect your race pack.

Your race pack includes: race number, timing chip, T-shirt (if requested when registering).

9:00am

All participants travel on bike in a slow single file 'snake' from Palmer's Field to the start line at The Broadway.

IMPORTANT: The bike leg starts at The Broadway. Cyclists will have to dismount for c. 20m to walk one small section.

9:30am

Event begins. The bike leg is first. Cyclists depart in waves. Those wanting to go fast should join wave 1, for a gentler ride join a later wave. The last wave will depart by 9:45am.

Participants must do the cycle first, finishing at Palmers Field, followed by the run and ending with the kayak.



RACE DAY SCHEDULE

continued ...

c. 10:10am

First cyclists expected to finish and transition to run.

c. 10:30am

First runners expected to finish and begin the kayak phase.

c. 12:00pm

Final finishers complete the kayak stage.

c. 12:00pm

Children's 1km fun run on Palmer's Field. FREE TO ENTER.

c. 12:30pm

Duck race

1:00pm

Raffle prize draw (tickets sold on Palmer's Field).

1:15pm

Trophy presentation for fastest individuals and teams.

2:00pm

Event closes



winchesterppp.co.uk

EQUIPMENT CHECKLIST



Bike in good working order

(any bike type is ok, including e-bikes. If on e-bike, you aren't eligible for fastest awards).



Bike helmet



Bike lock / chain



Race number & timer chip

(Collect on the day at Palmer's Field)



Safety pins for race number

(Available from Palmer's Field if forgotten)



Water bottle



You don't need a kayak, paddle or buoyancy aid. We provide those, with thanks to New Forest Activities & Ethical Activities.



RACE NUMBER & CHIP COLLECTION

All participants will be given a race number and timing chip.

PLEASE COLLECT THESE ON THE DAY FROM PALMER'S FIELD

Registration / collection from 7:30am-09:00am

There can be a small queue, so we recommend leaving plenty of time for collection.

TEAMS

You will all have the same race number. You will be given your own individual race bibs. Please note you will have ONE CHIP TIMER and will need to pass this to each other in the transition between stages. Transitions are not timed, so this will not affect your overall time.



winchesterppp.co.uk

TIMER CHIP & RESULTS

IMPORTANT:
Your race timer chip should be worn uncovered on your right wrist. This helps with recording times - particularly in the kayak section.



YOUR RESULTS

Race results are available to view live on the day.

[VIEW THEM HERE](#)

You will get a breakdown of the time for each stage of the course as well as your overall time.

Don't forget - time spent resting between stages DOES NOT count towards your final time. So please do take a break if you would like to!



winchesterppp.co.uk

TRANSITIONS

We describe Pedal Paddle Pace as a challenge, not a race. Participants can take as long as they like to complete it, with rests between each stage.

This event is chip timed, so you will get your overall time and breakdown of time for each stage.

Any time spent resting between stages DOES NOT count towards your overall time.

TRANSITION 1: CYCLE TO RUN

The bike stage finishes just before Palmer's Field. Once done, you can store your bike in the bike racks on Palmer's Field until the end of the event.

The run begins from Palmer's Field.

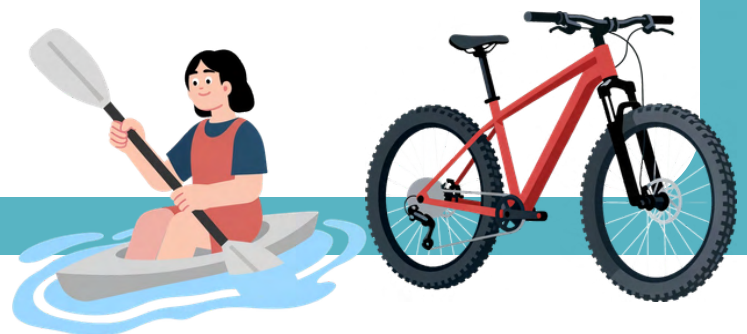
TRANSITION 2: RUN TO KAYAK

The run ends on Palmer's Field.

When ready to start the kayak stage, we will help you enter the water from a dedicated pontoon on Palmer's Field. We will provide a kayak, paddle and buoyancy aid.

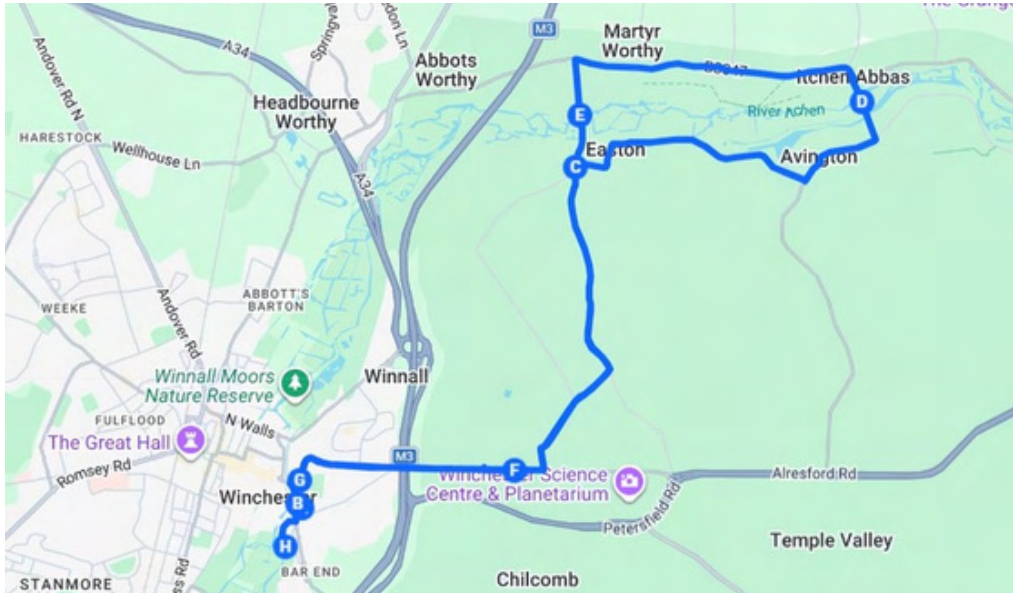
TRANSITION 3: KAYAK TO FINISH

The timer will stop when you complete the kayak stage. We will help you get back off the water and you can head to the finish line on Palmer's Field to collect your finisher's goodies, including medal.



winchesterppp.co.uk

ROUTE 1: 20KM CYCLE



Google Maps - cycle route

The cycle route is on roads. Starting at The Broadway in Winchester cyclists head out to Easton, Avington, Martyr Worthy, finishing on Domun Road opposite Winchester College boathouse (a short walk to Palmer's Field).

Marshals will be positioned along the route.

NOTE ON BIKES: All bike types are welcome - road, gravel, mountain and e-bike. If you're using an e-bike, you will not be eligible for a fastest finisher award - we rely on your honesty to check so please respect others!



winchesterppp.co.uk

ROUTE 2: 5KM RUN



The event name is 'Pedal Paddle Pace', but the run stage is actually second.

The run starts from Palmer's Field, follows the River Itchen to the Hockley Viaduct, then goes back again.

Marshals are positioned along the road.

Along with Palmer's Field, the running route is a great place for spectators to be positioned.



ROUTE 3: 2KM KAYAK



The final kayak stage starts from a dedicated pontoon constructed for the event at Palmer's Field.

Marshals will be on hand to help you a kayak and paddle, buoyancy aid and get you into and out of the water.

There can sometimes be a short wait to get into a kayak at the most popular transition times, we will move things along as swiftly as we can. Your chip timer will not start until you enter the water.

**WE PROVIDE KAYAKS, PADDLES AND BUOYANCY AIDS
- thanks to New Forest Activities and Ethical Activities.**



winchesterppp.co.uk

PPP RACE VILLAGE

The race village at Palmer's Field is the perfect spot for participants, supporters and spectators alike. You can find:

- Bike racks
- Portaloos
- Music and festive atmosphere
- Sponsor and partner stalls
- Refreshments (BBQ, ice cream van)
- 1km fun run (Free entry) @ c. 12:00pm
- Duck race @ c. 12:30pm
- Raffle entry and draw @ c1:00pm
- Trophy ceremony @ c1:15pm

Invite others along and plan time to stay and soak up the atmosphere after you've finished your PPP challenge!



winchesterppp.co.uk

SAFETY

A good event is a safe event!

Safety marshals will be spread across the course at every stage, wearing hi vis vests. They have access to emergency contact information and can contact race control. They can also help with signposting routes.

The race organisers will be highly visible in bright pink polo shirts if needed for anything.

First Aid is provided by St John's Ambulance, who will be stationed on Palmer's Field. If there are any accidents requiring emergency care away from Palmer's Field, call 999.

For your safety:

- Check your bike is road safe before the day
- Bring your own bike helmet, in good condition
- Lock your bike in the bike racks on Palmer's Field when not in use
- Belongings left on Palmer's Field are left at your own risk
- If changing on-site, please use the portaloos or be discrete as this is a family-friendly event!



winchesterppp.co.uk

PARKING

There are several car parks in Winchester, some offer free parking on a Sunday.

Find full details on [Winchester City Council website](#).

One of the closest, with a large number of parking spaces, is East Winchester Park & Ride (St Catherine's), located at Garnier Rd, SO23 9NP

Do pay for parking where applicable.

There is no parking at Palmer's Field



winchesterppp.co.uk

RACE PHOTOS

To help you re-live the excitement and cherish your race day memories, we are thrilled that **race images** will once again be providing photographic coverage of the event.

Their team of experienced professional sports events photographers will capture your journey, from the starting line butterflies to your triumphant finish.

How to view and purchase your photos:

Option 1:

Go to raceimages.co.uk and click the event galleries menu.

Option 2:

Go directly to the PPP race gallery page using [this link](#).

Option 3: Scan the QR code to the right.



winchesterppp.co.uk

THE ORGANISERS

This is the fourth year that Winchester Pedal Paddle Pace has been organised by the Round Table family of volunteers.

This includes:

Winchester Round Table
Winchester Ladies Circle
Winchester 41 Club
Winchester Tangent

Any profits from the event (after we have paid all costs including license fees, chip timers and race day equipment) will go to support local charities and good causes.

Like to know more or get involved with any of these?

Message ppp.chairman@winchesterroundtable.co.uk



winchesterppp.co.uk

THANK YOU TO OUR PARTNERS

As a volunteer-run, non-profit event, Winchester Pedal Paddle Pace wouldn't be possible without the support of a number of partners. **A huge thank you.**

hydrogen



CLEAR CUT
PROPERTY REPORTING



COLLEGE CHAMBERS
Barristers – Mediators – Arbitrators



Ethical Activities
Safe • Fun • Learning



winchesterppp.co.uk

**SEE YOU ON
SUNDAY 12 JULY.
GOOD LUCK!**



Another fab, friendly and very enjoyable event, hope you have raised loads for local charities.

(PPP 2025 participant)



winchesterppp.co.uk